

The Center for Integrative Learning & Teaching Nashville presents

Parent Talk with Susan Kaiser Greenland

Mindful Parent, Mindful Child: A simple approach to mindfulness and meditation for a multitasking, hyperconnected world

Location: Valor Collegiate Academies 4527 Nolensville Pike, Nashville, TN

7:00 P.M. to 8:30 P.M. ~ April 6, 2017

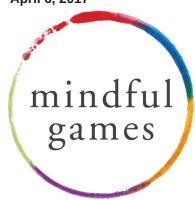
Susan Kaiser Greenland's Inner Kids program is a processoriented model through which children, parents, and professionals develop a way of being in the world that strengthens and supports how they relate to themselves, to other people, and to the planet.

Drawing from her new book *Mindful Games*, Susan will introduce her approach to helping caregivers guide the children they serve in building attention, balance and compassion in our hyperconnected and multitasking world.

Admission is FREE and open to the public but registration is required.



- ~University School of Nashville~
 - ~Valor Collegiate Academies~
- ~MNPS Social and Emotional Learning Department~



Includes 60 fun activities!

sharing mindfulness and meditation with children, teens, and families

Special thanks to our sponsors!

We are excited about this Public/Charter/Private school partnership and would like to thank our sponsors for their support in bringing mindfulness and social emotional learning opportunities to educators, children, and families in Nashville!

Join us for the 3 Day Professional Training with Susan Kaiser Greenland, April 7-9 at USN

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